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The Ultimate
TRAVEL PLANNER
Fiji



THE ULTIMATE GUIDE for Fiji

The heart of the South Pacific, Fiji is blessed with 333 tropical islands that are home to happiness. For the perfect holiday in paradise, there is no better destination so close to home for a picture perfect holiday.

Denarau

Attached to the mainland by a short causeway, Denarau is the place to be pampered. Less than 10km from Nadi, Denarau boasts eight large resorts, with a variety of international food options and an 18-hole championship golf course. Jump on the Bula Bus the only transport you'll need around the island, explore the Big Bula Water Park for families plus the many day trips from Denarau to the surrounding islands. Luxury suites, sparkling swimming pools, shopping and adventure options – Denarau has it all.



Getting here

Your flight will land at Nadi, then Denarau is a 20 minute transfer away.

Mamanuca Islands

Not only the closest group of islands to Nadi International Airport, the Mamanuca Islands are possibly the most picture-perfect. From family-friendly to adult-only resorts that range from value to luxury, you won't go wrong as there is something for everyone. It's a backdrop ideal for the screen, with the Mamanuca Islands featuring in the classic Tom Hanks film Cast Away and also on Survivor: Fiji.

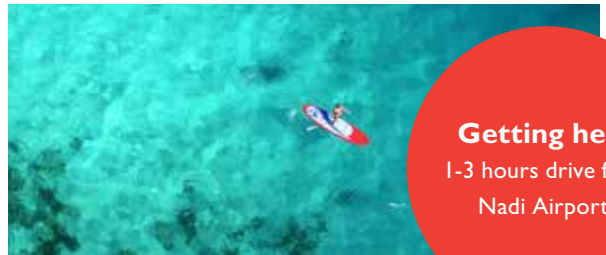
Getting here

Travel by boat, seaplane or helicopter.



Coral Coast

An 80km stretch of secluded bays along the southern shores of Viti Levu. You can't miss the large coral reef just off the mainland, which provides endless opportunities for underwater exploration. Today, the Coral Coast is well known for its family-friendly resorts and hotels. The coast is also home to many local villages where you can get a glimpse of the real Fiji. The Coral Coast has great cultural experiences like the Sigatoka River Safari and Eco Trax is a fun activity for families.



Getting here

1-3 hours drive from Nadi Airport.

Yasawa Islands

Lying north east of Viti Levu, the Yasawas are a pristine string of islands that offer a less touristy experience than the highly developed resorts of the mainland. The laidback atmosphere and peaceful, porcelain-white beaches attract a lot of couples, but families are discovering the Yasawa Islands in increasing numbers too. With no roads or cars, plenty of space to roam, and water adventures galore, a Yasawa holiday is a chance for families to play castaway for a week.

Getting here

Yasawa Flyer departs Denarau daily & takes 2 - 5 hours or 25 minutes by seaplane.



CHOOSE YOUR FIJI COUPLES EXPERIENCE

Fiji is the perfect destination for couples to take a relaxing and romantic holiday away. Coconut trees and tropical sun will relax the minds and reconnect hearts. Spend the days laying on the beach, floating in the infinity pool or indulging in a spa treatment for two. Choose quiet romance by staying at an adults-only resort or even take a stroll at sunset along the beach.

What to do

Take a stroll hand in hand across Fiji's pristine beaches, take the ultimate leap of faith from one of Fiji's cascading waterfalls or spend time with the locals in a Fijian village. Whether you are looking for luxury, romance, culture or adventure, Fiji is the place to create those once-in-a-lifetime memories and find the true meaning of happiness.

Some of our favourite experiences:

- Malamala Beach Club introduces you to the world's first beach club located on its very own island, just 25 minutes from Port Denarau. Enjoy white sand beaches, beachside cabanas and a resort style infinity edge pool along with delicious bites and crafted cocktails.
- Take off on an aerial adventure around the stunning sights and breathtaking landscapes of the islands of Fiji in a sea plane or helicopter. Take in the picturesque views of sun-drenched beaches and turquoise waters from above.
- Treat yourself to a spa experience with total relaxation from the time you arrive till the time you leave. Indulge in a couples massage that will leave you feeling like you never have before.



Accommodation

Finding luxury accommodation in Fiji for a romantic getaway leaves you with many options. Whether it's a stunning adults-only resort or a beautiful beachfront property with adult-only areas, your tropical stay will leave you feeling relaxed and connected.

CHOOSE YOUR FIJI FAMILIES EXPERIENCE

The Fijian people love children and are known for their world-class kids clubs. For an unforgettable family holiday filled with sunshine, wonder and adventure, Fiji is the ultimate destination. No matter where you are in the country, there's so much to see and do. With incredible wildlife, stunning beaches and a huge range of adventure activities, Fiji is really one big playground you and your kids will adore.

What to do

Discover Fiji with the family as the kids enjoy the amazing kids clubs, crab racing, hair braiding, swimming pools or a day in the water snorkelling. Fiji's long, sandy white beaches are great for kids to run, swim and build sand castles to their hearts' content. Enjoy a bit of nature? From brilliant bird life to breathtaking waterfalls, there are endless opportunities for your family.

Some of our favourite experiences:

- Explore Fiji's Big Bula Water Park. With giant waterslides and obstacle courses, the kids will love it.
- Take your pick at Kula WILD Adventure Park. Whether it's a self-guided tour, kids park ranger for the day or a Kula Crazy canopy flier, there is something for everyone.
- Zip-line your way through the tropical rainforest at Sleeping Giant Zipline. This activity is for kids aged 5 and over.
- Kayaking, jet skiing, stand up paddle boarding, snorkelling.



Accommodation

Finding family-friendly accommodation in Fiji isn't hard, and many resorts offer child care facilities. On top of that, Fiji's relatively small size means getting around is easy, so you can squeeze more activities into each day. Fiji also has some of the best kids clubs ensuring that children will have an unforgettable experience.

TOP TIPS

- Only three hours from Auckland!
- Fiji has a diverse range of experiences - it's not just a 'flop and drop' holiday destination and it offers something for everyone
- Nothing beats the friendly welcome and hospitality of the Fijian people

Getting Around

Getting around Fiji is easy. There's a good network of buses and ferries for travel within Fiji's main islands, and taxis are common. Hiring a car is a good way to explore the two largest islands – or charter a boat or small plane to get between islands. Small ship cruising is a great option to explore the outer islands.



The Temperature

Fiji has two seasons: warm and even warmer. It's a sunny, tropical climate. That doesn't mean it never rains, but you can expect May to August, the cooler months, to range from 18° to 29°c. Then from December to April, the temperatures register from 22° to 32°c.

Time Zone

Fiji has a shorter daylight saving period over summer, so for a few weeks in spring and autumn there is an hours difference but other than that the time zone is the same.



Don't miss

- Getting in or on the water. Fiji is the soft coral capital of the world and has some of the most magnificent snorkelling and diving sites easily accessed from the resorts. Most resorts offer complimentary non-motorised water sports so enjoy stand up paddle boarding or kayaking at your leisure.
- Visit an authentic traditional Fijian village and experience a traditional welcome kava ceremony and tour of the village to see what village life in Fiji is like. Usually the villagers will display their handicrafts at a craft market for you to pick up some mementos for home.

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FIJI HOLIDAY



Tu's Place Nadi

Though they offer Western-style breakfasts and some tasty Thai meals, the focus here is on Fijian cuisine, especially seafood. This is a great place to try Kokoda, a raw fish dish marinated in lemon juice and served in coconut milk.



Mamanuca Islands

If you like to spend days in the water then look no further than the Mamanucas. A great spot for water sports; discover famous dive sites, snorkelling or check out one of the best surf breaks in the world.



Fiji's Adventure Capital

Pacific Harbour is for those who like to get their adrenalin pumping. Diving with sharks, zip-line through the rainforest, or white water raft through rapids.



Taveuni

Immerse yourself in nature in Taveuni. Bouma National Heritage Park makes up more than a third of the island, and is also home to the marine park at Waitabu – with world-renowned dive sites such as Eel Reef and the Great White Wall.



Culture in Nadi

Visit the beautiful Hindu temple Sri Siva Subramaniya Swami. Strikingly bright, this is one of the few temples outside India where you can see traditional Dravidian architecture.



The Sun Coast

Known for its spectacular shoreline, explore the Ra peninsula by kayak or stand up paddle-boards. Venture out to sea with world class game fishing, windsurfing or diving on the reefs.

NOTES:

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